

# The Birthday of an Angel

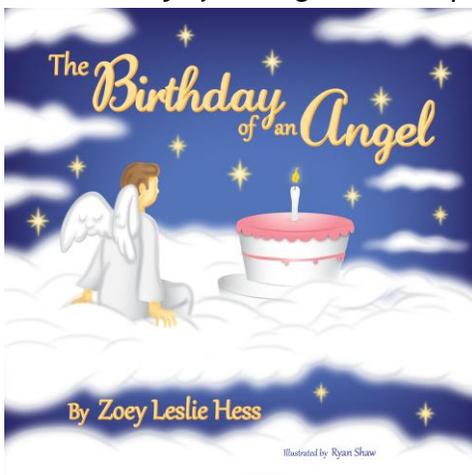
**Book Written by a Child about Coping with the Loss of a Loved One is Released**  
*The Birthday of an Angel* Debuts on May 14 at The Shlenker School of Congregation Beth Israel

Houston, TX - (April 29, 2015) - How do you explain death to a child? Is your loved one really gone? These are the tough questions that families deal with when experiencing the loss of a loved one. Eleven-year-old Zoey Hess has the answers. Today, Hess launched her book *The Birthday of an Angel*, which explains the loss of a loved one from the unique and positive perspective of a child. A book launch and signing for *The Birthday of an Angel* is scheduled for Thursday, May 14 at The Shlenker School, where Hess is currently a fifth grader.

## SAVE THE DATE

Book Launch & Signing  
1:30-2:30 pm Thursday, May 14, 2014  
The Wolff-Toomim Social Hall  
at The Shlenker School of Congregation Beth Israel  
located at 5600 N. Braeswood Blvd., Houston, TX 77096

*The Birthday of an Angel* is an inspirational journey of an everlasting relationship. Rather than focusing on the loss of a loved one, this book shares a different perspective. The book presents the idea that loved ones are angels, who will always be with those they love on earth. In the 24-page hardcover book, Hess shares memories of her late grandfather, Houston-based Dr. Morton J. Adels, and explains how she continues to connect with him even after his passing.



No other book, written by a child, explains the loss of a loved one from this unique and positive perspective. Both children and adults of all faiths can easily identify with this story and use the information to develop their own coping skills.

“I hope my book helps people who are struggling with the loss of a loved one,” Hess said. “I want people to *believe* that their loved ones aren’t gone. I want the readers to learn how to connect in various ways with their angel and realize that their angel is always part of them.”

Autographed copies of the book will be available for purchase at the May 14 event for \$18, including tax and a bookmark. The book will also be available for purchase online at [www.TheBirthdayOfAnAngel.com](http://www.TheBirthdayOfAnAngel.com) for \$15.95, plus tax and shipping (where taxes apply). Various bookstores will also carry the book. The book’s ISBN is 978-1-941515-66-2.

Reporters are encouraged to contact [Megan F. Salch](mailto:Megan.F.Salch) 713-864-1344 x1 for more information.



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